

Marilena Zlatanou

THE RHYTHM AND THE BEAT

Text: Robert (Bob) Willmott





THE RHYTHM AND THE BEAT

The text is used with the poet's permission

Duration: just under 3'

THE RHYTHM AND THE BEAT

Sing out your songs! Sing out your songs!!
Sing your songs !!!
Proud and strong sing your songs
Music throughout your lives belong
Coloured words of peace and hope
Tumble through life's kaleidoscope
Music pulsing through the veins
All your emotions release their chains
So sing with joy and sing with cheer
So that all of the world can hear
The rhythm and the beat
Will make you tap your feet
And clap your hands in time
With the rhyme
The cascades of notes that fall
Our songs we will recall
The memories we made
Will not fade
Sing songs of cheer as chords appear
Pictures inside your mind are clear
All the stories you recall
Come to life with music's call
Let the music calm the soul
May friendship be your only goal
Share love and hope throughout the world
The flag of peace is then unfurled

Robert (Bob) Willmott

Marilena Zlatanou

(2023)

$\text{♩} = 100$
con humore *mf* < *f*

TENOR 1
Sing, _____ *mf* Sing,

TENOR 2
Sing, _____ *mf* Sing, Sing out your songs! _____

BASS 1
Sing, _____ *mf* Sing, Sing out your songs!

BASS 2
Sing, _____ *mf* Sing out your songs! Sing out your songs! Sing out your songs!

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2

6

T.1
Sing out your songs!! Sing your songs!!! Proud and strong sing your songs

T.2
Sing out your songs!! Sing your songs!!! Proud and strong sing your songs

B.1
Sing out your songs!! Sing your songs!!! Proud and strong sing your songs

B.2
Sing out your songs!! Sing your songs!!! Proud and strong sing your songs

14

T.1
Co-loured words of peace and hope

T.2
Mu-sic through-out your life be - longs peace

B.1
M Tumble through

B.2
M Tumble through

18

T.1
Mu - sic pul - sing through the veins

T.2
Mu - sic pul - sing through the veins

B.1
life's ka - lei - do - scope Mu - sic pul - sing through the veins all

B.2
life's ka - lei - do - scope Mu - sic pul - sing through the veins all

22 A

T.1 all your e - mo - tions re - lease their chains so

T.2 all your e - mo - tions re - lease their chains so

B.1 all your e - mo - tions re - lease their chains so

B.2 all your e - mo - tions re - lease their chains so

27

T.1 sing with joy and sing with cheer so that all of the world can hear

T.2 sing with joy and sing with cheer so that all of the world can hear

B.1 sing with joy and sing with cheer so that all of the world can hear the

B.2 sing with joy and sing with cheer so that all of the world can hear the

32

T.1 the rhythm and the beat will make you tap your feet and
tramp X X X X

T.2 the rhythm and the beat will make you tap your feet and
tramp X X X X

B.1 rhythm and the beat will make you tap your feet
tramp X X X X

B.2 rhythm and the beat will make you tap your feet
tramp X X X X

Zlatanou: The Rhythm and the Beat

36

B *clap+trump* *mf*

T.1
clap your hands in time with the rhyme the cas - cades of notes that fall Our__

T.2
clap your hands in time with the rhyme the cas cades of notes that fall Our__

B.1
clap *clap* *clap+trump* *mf*
the cas cades of notes that fall Our__

B.2
clap *clap* *clap+trump* *mf*
the cas cades of notes that fall Our__

40

T.1
songs we will re - call the me - mo - ries we made will not fade

T.2
songs we will re - call the me - mo - ries we made will not fade_____

B.1
songs we will re - call the me - mo - ries we made will not fade_____

B.2
songs we will re - call the me - mo - ries we made will not fade_____

44 *(mf)*

T.1
Sing songs of cheer as chords ap - pear Pic - tures in - side your mind are clear

T.2
mp *mf*
ap - pear Pic - tures in - side your mind are clear

B.1
mp *mf*
Pic - tures in - side your mind are clear

B.2
mp *mf*
ap - pear Pic - tures in - side your mind are clear

47

T.1
All the sto - ries you re - call Come to life with mu - sic's call_____

T.2
All the sto - ries you re - call Come to life with mu - sic's__ call

B.1
All the sto - ries you re - call Come to life with mu - sic's call

B.2
All the sto - ries you re - call Come to life with mu - sic's call

52

mp
T.1
Let the mu - sic calm the soul may friend - ship be your on - ly goal

mp
T.2
Let the mu - sic calm the soul may friend - ship be your on - ly goal

mp
B.1
Let the mu - sic calm the soul may friend - ship be your on - ly goal.

mp
B.2
Let the mu - sic calm the soul may friend - ship be your on - ly goal

57

mf
T.1
Share love and hope through-out the world____ the flag____ of peace____ *sub p*

mf
T.2
Share love and__ hope through-out the world____ the flag of peace____ *sub p*

mf
B.1
Share love and hope through-out the world____ the flag of peace____ *sub p*

mf
B.2
Share love and hope through-out the world____ the flag of peace____ *sub p*

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6

63

T.1 *mf* is then un - furled *lunga fermata* Proud and *f (coda)*

T.2 *mf* is then un - - furled Proud and *f*

B.1 *mf* is then un - - furled Proud and *f*

B.2 *mf* is then un - furled Proud and *f*

68

T.1 strong sing your songs *rit*

T.2 strong sing your songs

B.1 strong sing your songs

B.2 strong sing your songs



