

Magnar Åm 2025:

# augo som set fri

og speglar vårt inste eg:  
eit barn í vokster

for kor (SATB), gítar, accordíon og cello

# the eyes that set free

and reflect our deepest I:  
a child in its growth

for choir (SATB), guítar, accordíon and cello

speletíð/duration: 11'

Verket er bestilt i 2024 av Ensemble 96 og Progression Ensemble med midlar frå Kulturdirektoratet.

Teksten er skriven av komponisten og er i hovudsak fylgjande to haiku-vers (med variasjonar):

augo som set fri  
og speglar vårt inste eg:  
eit barn i vokster

takk for at du ser  
heile dette mennesket  
utan å dømme

The work is commissioned in 2024 by Ensemble 96 and Progression Ensemble with support from Arts and Culture Norway.

The text is written by the composer and is mainly the following two haiku-verses (with variations):

the eyes that set free  
and reflect our deepest I:  
a child in its growth

thank you for seeing  
all of this human being  
still with no judgement



Magnar Åm 2025:

# augo som set fri

og speglar vårt inste eg:  
eit barn i vokster

♩ = 60

The musical score is arranged in a grand staff format with the following parts from top to bottom:

- Vocal Staves:** Soprano, Alto, Tenor, and Bass. Each staff begins with a treble clef and a 3/4 time signature. The first two measures are in 3/4, and the final measure is in 4/4. All vocal staves contain whole rests.
- Guitar:** Treble clef, 3/4 time signature. Starts with a rest, then plays a melodic line in the first two measures (3/4), and continues in the 4/4 measure. Includes a *mf* dynamic marking and a triplet of eighth notes.
- Accordions:** Treble and Bass clefs, 3/4 time signature. Both staves contain whole rests.
- Cello:** Bass clef, 3/4 time signature. Contains whole rests.

A watermark for 'NB noter' is visible across the guitar and accordion staves, with the text 'This music is copyright protected' written in red.



7

S *mf* for at du ser

A *mf* at du ser, for at du ser

T *mf* at du ser, for at du ser

B *mf* at du ser, for at du ser

Gtr.

Acc.

Vc. *mf*

The image shows a musical score for the piece 'augo som set fri'. It features six staves: Soprano (S), Alto (A), Tenor (T), Bass (B), Guitar (Gtr.), and Violoncello (Vc.). The vocal parts (S, A, T, B) have lyrics: 'for at du ser' for Soprano, and 'at du ser, for at du ser' for Alto, Tenor, and Bass. The music is marked with a mezzo-forte (*mf*) dynamic. The score includes various musical notations such as rests, notes, and triplets. A watermark 'NB noter' and 'This music is copyright protected' is visible over the score.

11 *pp* *cresc.* *f*

S  
tak- takk for at du ser hei - le det - te

A  
tak- takk for at du ser hei - le det - te

T  
tak- takk for at du ser hei - le det - te

B  
tak- takk for at du ser hei - le det - te

Gtr.

11 *mf*

Acc.

11

Vc.

This music is copyright protected

14

S  
men - nes-ket u - tan å døm -

A  
men - nes-ket u - tan å døm -

T  
men - nes-ket u - tan å døm -

B  
men - nes-ket u - tan å døm -

Gtr.  
8

14

Acc.  
8

Vc.  
14

The image shows a musical score for the piece 'augo som set fri'. It features five vocal parts (Soprano, Alto, Tenor, Bass) and instrumental parts for Guitar, Accordion, and Violoncello. The lyrics are 'men - nes-ket u - tan å døm -'. The score includes musical notation with treble and bass clefs, a key signature of one sharp (F#), and a time signature of 8/8. There are three triplet markings (indicated by a '3' over a bracket) in the vocal parts. A watermark 'NB noter' and 'This music is copyright protected' is visible over the score.





21

S  
- nes - ket

A  
- nes - ket

T  
8 - nes, alt ved dette men-nes-ket

B  
- nes - ket

Gtr.  
8

21

Acc.  
This music is copyright protected

21

Vc.

Detailed description: This is a musical score for a song. It features six staves. The vocal parts (Soprano, Alto, Tenor, Bass) have lyrics in Norwegian. The instrumental parts include Guitar, Accordion, and Violoncello. The score is in 2/4 time and starts at measure 21. A watermark 'NB noter' and 'This music is copyright protected' is overlaid on the accordion part.

26

S

A

T

B

Gtr.

26

Acc.

26

Vc.

*f*

This music is copyright protected

30 *p* *f*

S og heilt u-tan dom, heilt u - tan, u-tan

A *p* *f* og heilt u-tan dom, u - tan, u-tan

T *p* *f* og heilt u-tan dom, u - tan, u-tan

B *f* heilt u-tan dom, u - tan, u-tan

Gtr. *f* heilt u-tan dom, u - tan, u-tan

Acc. *mf*

Vc. *mf*

The musical score is arranged in a system with six staves. The vocal parts (Soprano, Alto, Tenor, Bass) are in the top four staves, each with lyrics. The Guitar part is on the fifth staff, and the Accordion and Violoncello parts are on the bottom two staves. The score includes dynamic markings (p, f, mf) and a tempo marking of 30. A watermark 'NB noter' and 'This music is copyright protected' is overlaid on the Accordion part.

34

S  
dom, og heilt u-tan, u - tan dom

A  
dom, og heilt u-tan, u - tan dom

T  
8  
dom, og heilt u-tan, u - tan dom, og

B  
dom, og heilt u-tan, u - tan dom, og

Gtr.  
8

34

Acc.

34

Vc.

The image shows a musical score for the song 'augo som set fri'. It features four vocal parts: Soprano (S), Alto (A), Tenor (T), and Bass (B). The lyrics are: 'dom, og heilt u-tan, u - tan dom'. The score includes musical notation for each part, with a guitar (Gtr.) part and piano/violoncello (Vc.) part. The score is marked with '34' at the beginning of each system. A watermark 'NB noter' and 'This music is copyright protected' is visible across the score.

38

S

A

T

B

Gtr.

38

Acc.

38

Vc.

heilt u-tan dom, u-tan dom, u-tan dom

heilt u - tan, heilt u-tan, heilt u - tan, heilt

**NB**  
noter  
This music is copyright protected.

42

S

A

T

B

Gtr.

u - tan dom //

mf

42

Acc.

*NB noter*  
*This music is copyright protected*

42

Vc.

*mf*

Detailed description: This is a page of a musical score for the song 'augo som set fri'. It features six staves: Soprano (S), Alto (A), Tenor (T), Bass (B), Guitar (Gtr.), and Violoncello (Vc.). The vocal parts (S, A, T, B) have lyrics 'u - tan dom' written below them. The guitar part includes a dynamic marking of 'mf'. The accordion part is marked with 'p' and 'mf'. The cello part is marked with 'mf'. A large watermark 'NB noter' and 'This music is copyright protected' is overlaid on the center of the page. The number '42' appears at the beginning of several staves, likely indicating a measure or rehearsal mark.

47

S

A

T

B

Gtr.

47

Acc.

Vc.

The musical score is arranged in a standard orchestral layout. The vocal parts (Soprano, Alto, Tenor, Bass) are in the top four staves, each with a treble clef and a key signature of one flat. The guitar part is in the fifth staff, with a treble clef and a key signature of one flat. The piano accompaniment is in the sixth and seventh staves, with a grand staff (treble and bass clefs) and a key signature of one flat. The cello part is in the eighth staff, with a bass clef and a key signature of one flat. The score begins at measure 47. The piano part features a complex melodic line with a triplet and a fermata. The guitar part has a rhythmic accompaniment with a key signature change to one sharp in the third measure. The vocal parts are mostly rests, indicating they are silent during this section.

50 *pp* *f*

S takk for det blik - ket som ser hei - le men - nes - ket,

A *pp* *f*  
tak for det blik - ket som ser hei - le men - nes - ket, ser

T *pp* *f*  
for det blik - ket som ser hei - le men - nes - ket, ser

B *pp* *f*  
for det blik - ket som ser hei - le men - nes - ket, ser

Gtr. *f*  
8

50 *mf*  
Acc. *mf*

50 *mf*  
Vc. *mf*

The musical score is arranged in a multi-stem format. The vocal parts (Soprano, Alto, Tenor, Bass) are in treble clef, and the guitar, accordion, and cello are in bass clef. The key signature has two sharps (F# and C#). The tempo is marked as 50. The score includes lyrics in Norwegian and dynamic markings such as *pp*, *f*, and *mf*. The guitar part features triplet patterns. A watermark 'NB noter' and 'This music is copyright protected' is overlaid on the score.



53

S  
hei - le men - nes - ket, ser hei - le men - nes-ket

A  
hei - le men - nes - ket, ser hei - le men - nes-ket

T  
hei - le men - nes - ket, ser hei - le men - nes-ket

B  
hei - le men - nes - ket, ser hei - le men - nes-ket

Gtr.  
8

53

Acc.  
8

Vc.  
53

The musical score is arranged in a system with seven staves. The vocal parts (Soprano, Alto, Tenor, Bass) are in treble clef, and the Bass part is in bass clef. The guitar part is in treble clef with a capo on the 8th fret. The accordion part consists of a treble clef staff and a bass clef staff. The cello part is in bass clef. The lyrics are: 'hei - le men - nes - ket, ser hei - le men - nes-ket'. The guitar part features a rhythmic pattern of eighth notes with triplets. The accordion part has a melody in the treble staff and a bass line in the bass staff. The cello part has a simple bass line. A watermark 'NB noter' and 'This music is copyright protected' is overlaid on the score.



60 *rit.*

S

A

T

B

Gtr.

60 *mf*

Acc.

Vc.

60

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63 *a tempo*  
*f*

S  
blik - ket som ser hei - - -

A  
*f*  
som ser som ser som ser som ser

T  
*f*  
ser ser ser ser

B  
*f*  
ser ser

Gtr.  
*f*

63  
Acc. *mf*

Vc.  
63  
*f*

The musical score is arranged in a system with seven staves. The vocal parts (Soprano, Alto, Tenor, Bass) are in 4/4 time. The guitar, accordion, and cello parts are also in 4/4 time. The lyrics are: 'blik - ket som ser hei - - -', 'som ser som ser som ser som ser', 'ser ser ser ser', 'ser ser', and 'ser ser'. Dynamic markings include *f* (forte) and *mf* (mezzo-forte). A watermark 'NB noter' and 'This music is copyright protected' is visible over the accordion part.



68

S  
alt ved det - te men - -

A  
alt ved det-te det-te det-te men -

T  
alt ved ved ved ved ved

B  
alt ved ved ved

Gtr.  
8  
7 3 7 3 7 3 7 3 7 3 7 3 7 3 7 3

68

Acc.

68

Vc.

NB noter  
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71

S  
A  
T  
B

nes - ket, ved men nes -  
nes - ket, ved men - nes -  
men - nes - ket, ved men - nes -  
men - nes - ket, ved men - nes -

Gtr.

71

Acc.

71

Vc.

The image shows a musical score for the piece 'augo som set fri'. It includes vocal parts for Soprano (S), Alto (A), Tenor (T), and Bass (B), along with instrumental parts for guitar (Gtr.), accordion (Acc.), and cello (Vc.). The score is numbered 71 at the beginning of each system. The lyrics are: 'nes - ket, ved men nes -', 'nes - ket, ved men - nes -', 'men - nes - ket, ved men - nes -', and 'men - nes - ket, ved men - nes -'. There are triplets marked with a '3' in the vocal parts. The score is watermarked with 'NB noter' and 'This music is copyright protected'.

74

S  
ket, alt ved det<sup>3</sup>- te

A  
ket, alt ved det - te, alt ved det - te

T  
ket, det-te alt alt

B  
ket, alt ved det-te alt ved

Gtr.  
8

74

Acc.  
8

Vc.  
74

NB noter  
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Detailed description: This is a page of a musical score for the song 'augo som set fri'. It features five systems of staves. The first system contains four vocal parts: Soprano (S), Alto (A), Tenor (T), and Bass (B). The Soprano part has a melodic line with a long phrase starting at measure 74, marked with a '3' and a slur. The Alto part has a similar melodic line. The Tenor and Bass parts have shorter phrases. The second system contains a guitar (Gtr.) part and an accompaniment (Acc.) part. The guitar part has a rhythmic accompaniment. The accompaniment part has a bass line. The third system contains a vocal part (Vc.) and an accompaniment (Acc.) part. The vocal part has a bass line. The accompaniment part has a bass line. The score is in 4/4 time and has a key signature of one sharp (F#). There is a large watermark 'NB noter' and 'This music is copyright protected' across the middle of the page.





80 *rit.*

S det - te men - nes - ket

A det - te men - nes - ket

T det - te men - nes - ket

B det - te men - nes - ket *pp* *mf* //

Gtr. 8

Acc. 80

Vc. 80 //

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84

S

A *pp* *mp*  
og og heilt

T

B *pp* *mp*  
og heilt

Gtr.

84

Acc.

Vc. *pp* *mf*  
3 3 5

The image shows a musical score for the piece 'augo som set fri'. It features five staves: Soprano (S), Alto (A), Tenor (T), Bass (B), and Guitar (Gtr.). The vocal parts (S, A, T, B) have lyrics 'og og heilt' and dynamic markings *pp* and *mp*. The guitar part (Gtr.) is marked with a '8' and has a '4' above the first measure. The violin part (Vc.) starts at measure 84 and includes dynamic markings *pp* and *mf*, along with triplets and a quintuplet. A watermark 'NB noter' is overlaid on the score, with the text 'This music is copyright protected' in red.

87

S

A

T

B

Gtr.

87

Acc.

87

Vc.

u - - - - tan dom

u - - - - tan dom

3

3

3

NB noter  
This music is copyright protected

91 *p*

S au - go som set fri og speg - lar

A *p*  
au - go som set fri og spe-glar

T *p*  
fri og mitt

B

Gtr. *p*

91

Acc.

Vc. *p*

The image shows a musical score for the song 'augo som set fri'. It consists of seven staves. The vocal parts are Soprano (S), Alto (A), Tenor (T), and Bass (B). The instrumental parts are Guitar (Gtr.), Accordion (Acc.), and Violin (Vc.). The score is in 4/4 time and features a key signature of one flat (B-flat). The lyrics are: 'au - go som set fri og speg - lar' for Soprano, 'au - go som set fri og spe-glar' for Alto, 'fri og mitt' for Tenor, and no lyrics for Bass. The guitar part has a melody with chords. The violin part has a melody with a double bar line. The accordion part is mostly rests. There is a watermark 'NB noter' and 'This music is copyright protected' in the center of the score.

94

S  
mitt ins - te eg: *mf*

A  
mitt ins - te eg: *mf*

T  
ins - te eg:

B

Gtr.

94

Acc. *p* *mf*

Vc. *mf*

Detailed description of the musical score: The score is for a piece titled 'augo som set fri'. It features six staves: Soprano (S), Alto (A), Tenor (T), Bass (B), Guitar (Gtr.), and Violin (Vc.). The Soprano part has lyrics 'mitt ins - te eg:' and a dynamic marking of *mf*. The Alto part has lyrics 'mitt ins - te eg:' and a dynamic marking of *mf*. The Tenor part has lyrics 'ins - te eg:'. The Bass part is mostly silent. The Guitar part has a dynamic marking of *mf*. The Accordion part starts with a dynamic marking of *p* and then *mf*, and includes a triplet of eighth notes. The Violin part has a dynamic marking of *mf*. The score is marked with the number 94 at the beginning of each system. A watermark 'NB noter' and 'This music is copyright protected' is overlaid on the accordion part.

98

S *mf* eit barn i voks-ter

A *mf* eit voks - ter

T *mf* eit barn i voks - ter,

B *mf* voks - ter

Gtr.

Acc. 98

Vc. 98

*mf*

*mf*

*mf*

*mf*

3

3

NB noter

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105 *f*

S og ser meg som det eg inst in-ne er: eit barn i voks - ter

A *cresc.* eit barn i voks - ter *f*

T *cresc.* eit barn i voks - ter *f*

B *cresc.* eit barn i voks - ter

Gtr. *mp*

105

Acc.

105

Vc.



109

S

A

T

B

Gtr.

8

*cresc.*

109

Acc.

*mp*

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109

Vc.

*mf*

*cresc.*

Detailed description of the musical score: The score is for a piece titled 'augo som set fri' on page 34, starting at measure 109. It features five vocal parts (Soprano, Alto, Tenor, Bass) which are currently silent, indicated by a horizontal bar on each staff. The guitar part (Gtr.) is in treble clef with a capo on the 8th fret, playing a melodic line with eighth notes and a crescendo. The accordion part (Acc.) is in treble clef, playing a melody with a mezzo-piano (*mp*) dynamic. The cello part (Vc.) is in bass clef, playing a bass line with a mezzo-forte (*mf*) dynamic and a crescendo. A watermark 'NB noter' and 'This music is copyright protected' is overlaid on the accordion part.

113 *ff*

S det blik-ket, det blik-ket,

A

T

B

Gtr. *ff*

113 *cresc.* *f*

Acc.

113 *f* *ff*

Vc.

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118

S  
- - nes - ket, som ser men - nes - ket u - tan å døm - me,

A  
go som ser men - nes - ket u - tan å døm - me,

T  
go som ser men - nes - ket u - tan å døm - me,

B  
go som ser men - nes - ket u - tan å døm - me,

Gtr.  
8

118

Acc.  
8

Vc.  
118

*ff*

*dim.*

**NB** noter  
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121

S  
som ser hei - le men-nes-ket u - - tan

A  
som ser u - - tan

T  
som ser u - - tan

B  
som ser u - - tan

Gtr.  
8

Acc.  
121

Vc.  
121

The musical score is arranged in a system with seven staves. The vocal parts (Soprano, Alto, Tenor, Bass) are in treble clef, while the Bass line is in bass clef. The Guitar, Accordion, and Violoncello parts are also in treble clef. The lyrics are written below the vocal staves. The score includes various musical notations such as triplets, slurs, and time signature changes from 2/4 to 4/4. A watermark 'NP noter' and 'This music is copyright protected' is visible over the central part of the score.

124  $\text{♩} = 70$   
*mp* *cresc.*

S  
dom au - go som *f*

A  
dom au - go som *f*

T  
au - go som *f*

B  
au - go som *f*

Gtr.  
*mp* *cresc.* *f*

Acc.  
*p* *cresc.* *mf*

Vc.  
*mp* *cresc.* *f*

Detailed description of the musical score: The score is for a piece titled 'augo som set fri'. It consists of seven staves. The vocal parts (Soprano, Alto, Tenor, Bass) all sing the lyrics 'dom au - go som'. The Soprano and Alto parts have a melodic line starting with a half note 'dom' followed by a dotted half note, then a rest, and finally 'au - go som'. The Tenor and Bass parts have a similar melodic line but with a different starting note. The Guitar part features a complex rhythmic pattern of eighth notes with triplets, starting with a half note rest followed by eighth notes. The Accordion part has a simple melodic line with a half note 'dom' followed by a dotted half note, then a rest, and finally 'au - go som'. The Violoncello part has a simple melodic line with a half note followed by a dotted half note, then a rest, and finally two half notes. The score includes dynamic markings such as *mp*, *cresc.*, *f*, and *mf*. A watermark 'NB noter' and 'This music is copyright protected' is overlaid on the accordion part.





130

S  
lar det me

A  
lar det me inst

T  
lar det me inst

B  
lar det me inst

Gtr.  
lar det me inst

130

Acc.  
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130

Vc.



136

S

A

T

B

Gtr.

136

Acc.

136

Vc.

i voks - - - ter

i voks - - - ter

*cresc.*

*cresc.*

139

S

A

T

B

Gtr.

139

Acc.

139

Vc.

The musical score is arranged in a system of staves. The vocal parts (Soprano, Alto, Tenor, Bass) are in treble clef, while the cello part is in bass clef. The guitar and accordion parts are in treble clef. The time signature changes from 2/4 to 4/4. The score includes triplets and dynamics such as *mp* and *f*. A large watermark for 'NB noter' is overlaid on the score, with the text 'This music is copyright protected'.

142

S

A

T

B

Gtr.

8 3 3 3 3 3 3 3 3 3 3 3 3

142

Acc.

142

Vc.

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145 *p* *ff*

S  
takk for at du ser alt

A  
takk for at du ser alt

T  
takk for at du ser alt

B  
takk for at du ser alt

Gtr.  
8 *ff*

145 *pp* *f*

Acc.

145 *p* *ff*

Vc.

148

S  
ved det - te men - nes

A  
ved det - te men - nes

T  
ved det - te men - nes

B  
ved det - te men - nes

Gtr.  
148

Acc.  
148

Vc.  
148

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151 rit.

♩ = 60

S  
ket og heilt, heilt u - tan,

A  
ket og heilt, heilt u - tan,

T  
ket og heilt, heilt u - tan, u - tan,

B  
ket og heilt, heilt u - tan,

Gtr.  
ket og heilt, heilt u - tan, *f*

Acc.  
ket og heilt, heilt u - tan,

Vc.  
ket og heilt, heilt u - tan,



154 *dim.* *rit.* *mp*

S heilt u - tan dom

A u - tan, u - tan, u - tan, u - tan

T u - tan, u - tan, u - tan, u - tan

B u - tan, u - tan

Gtr. *dim.* *mp*

154 *dim.* *p*

Acc.

154

Vc. *dim.* *mp*

The image shows a page of a musical score for the piece 'augo som set fri'. It features five systems of staves. The first system contains vocal parts for Soprano (S), Alto (A), Tenor (T), and Bass (B), along with a guitar (Gtr.) part. The lyrics are 'heilt u - tan dom' for the Soprano and 'u - tan, u - tan, u - tan, u - tan' for the other voices. The guitar part has a melodic line with triplets. The second system contains an accordion (Acc.) part with a similar melodic line and a violin (Vc.) part with a simple harmonic accompaniment. The score includes various musical notations such as triplets, dynamics (dim., mp, p), and a ritardando (rit.) marking. A large watermark 'NB noter' is overlaid on the center of the page.

♩ = 40

158

S  
A  
T  
B

heilt u - tan dom  
dom  
dom

Gtr.

Acc.

Vc.

*p* *pp* *pppp*

This music is copyright protected